



COMPETITION PATHWAY

	Term 1a		Term 1b		Term 2a	Term 2b	Term 3a	Term 3b
Ga	Rugby – Sports Fields and 3G	Res Run	Rugby - Sports Fields and 3G	Football - Sports Fields/3G	Football - Sports Fields/3G	Hockey- Astro Turf	Student Choice	
PE	Baseline Fitness and Training Methods - Sports Hall		Swimming		Independent Choice	Independent Choice	Independent Choice	

HEALTH AND FITNESS PATHWAY

	Term 1a		Term 1b		Term 2a	Term 2b	Term 3a	Term 3b
Ga	Rugby Activities Sports Fields and 3G	Res Run	Rugby Games – Sports Fields and 3G	Football - Sports Fields/3G	Football/Games - Sports Fields/3G	Hockey/Games – Astro Turf	Independent Choice	
PE	Swimming		How To Train in a Gym – Types and methods of training		Independent Choice	Independent Choice	Independent Choice	

HEALTH AND LEISURE PATHWAY

	Term 1a		Term 1b		Term 2a	Term 2b	Term 3a	Term 3b
Ga	Fun Rugby Activities Sports Fields and 3G	Res Run	Fitness Games – Sports Hall		Ball Games – Sports Hall	Games Activities – Fields	Striking Games - Playing Fields/Astro	
PE	Swimming		How To Train in a Gym – Types and methods of training		Independent Choice	Independent Choice	Independent Choice	