



COMPETITION PATHWAY

	Term 1a		Term 1b		Term 2a	Term 2b	Term 3a	Term 3b
Ga	Rugby – Sports Fields and 3G	Res Run	Rugby - Sports Fields and 3G	Football - Sports Fields/3G	Football - Sports Fields/3G	Hockey Activities - Astro Turf	Cricket - Playing Fields/Astro	Track and Field Athletics
PE	Baseline Fitness and Training Methods - Sports Hall		Swimming		Strength Training - Gym	Swimming for Fitness	Track and Field Athletics	Baseline Fitness Review & Striking/Fielding Games

HEALTH AND FITNESS PATHWAY

	Term 1a		Term 1b		Term 2a	Term 2b	Term 3a	Term 3b
Ga	Rugby Activities Sports Fields and 3G	Res Run	Rugby Games – Sports Fields and 3G	Football - Sports Fields/3G	Football/Games - Sports Fields/3G	Hockey/Games – Astro Turf	Cricket/Striking Games - Playing Fields/Astro	Track and Field Athletics
PE	Swimming		How To Train in a Gym – Types and methods of training		Badminton Sports Hall	Swimming for Fitness/Fun	Track and Field Athletics	Striking Fielding Games

HEALTH AND LEISURE PATHWAY

	Term 1a		Term 1b		Term 2a	Term 2b	Term 3a	Term 3b
Ga	Fun Rugby Activities Sports Fields and 3G	Res Run	Fitness Games Sports Hall		Ball Games Astro Turf	Games Activities Fields	Striking Games Playing Fields/Astro	Athletics Activities
PE	Swimming		How To Train in a Gym – Types and methods of training		Badminton Sports Hall	Swimming for Fitness/Fun	Racquet Activities	Striking Fielding Games