

# 2022 SPRING TERM LUNCH MENU (WEEK 3)

## MONDAY

### Soup

Cream of white onion

### Main choices

Chicken tikka masala

Lamb kofta sticks mango dip

Veggie kofta (VE)

### Vegetables & sides

Pilau rice, onion bhaji, lentil daal, roasted turmeric cauliflower

### Pudding option

Mango & orange smoothie pots

## ROAST TUESDAY

### Soup

Butternut squash

### Main choices

Roast pork leg, apple sauce, stuffing, gravy

Crimped Cornish pasty, gravy

Winter root veg stew (VE)

### Vegetables & sides

Roast potatoes, roast parsnips, broccoli

### Pudding option

Tinned apricots & cream

## WEDNESDAY

### Soup

Vegetable & pasta

### Main choices

Beef Bolognese

Veggie bolognese (VE)

Bacon carbonara

### Vegetables & sides

Pasta twists, garlic bread, Mixed vegetables

### Hot pudding day

Arctic roll

## THURSDAY

### Soup

Sweet potato and lentil

### Main choices

Cheese & chive omelette

Giant sausage roll, ketchup

Chicken breast cacciatore

### Vegetables & sides

Fried diced potatoes, green beans, baked beans

### Pudding option

Iced ring doughnuts

## FRIDAY

### Soup

Tomato

### Main choices

Local premium beef burgers, burger relish, gherkins

Slow cooked pulled chilli chicken

Vegan burger (ve)

### Vegetables & sides

Soft floured bun, chunky chips, slow cooked onions, button mushrooms

### Pudding option

Sliced melon

## SATURDAY

### Soup of the day

Cream of celery

### Main choice

Skillet pan smoked haddock kedgeree

Mozzarella sticks and garlic mayo dip (V)

Sweet chilli chicken drumsticks

### Vegetable & Sides

Sweet potato / jacket potato, salad bar

### Alternative option

Salad & cold meat bar, assorted breads, vinaigrettes & oils

### Pudding option

Portuguese custard tart



Sidcot  
Live Adventurously

## SUNDAY BRUNCH

Cereal selection, toast, spread & preserves yoghurt, fruit & seed bar

### Cooked breakfast

Full breakfast, sausage, crispy smoked streaky bacon, beans, mushrooms, grilled tomatoes, breaded chicken goujons, savoury fried potatoes & fried egg

### Alternative option

American pancakes, maple flavour syrup

### Hot Beverage station

Selection of fruit juice and hot drinks

## Salad Bar & Jacket Potato Bar

Self serve from our central salad bar area

## Pasta Paradise

12.30 - 13.30

For Sixth Formers

## KITCHEN @ SIDCOT

**Monday** Crushed sweet potato pakoras with rocket leaf, warm naan bread, mango chutney and minty yoghurt drizzle

**Tuesday** Spanish salt cod balls with endive lettuce & garlic aioli

**Wednesday** Griddled goats cheese, mixed leaf salad, pickled red onions & beetroot (V)

**Thursday:** Butter crepes with lemon & sugar. (Alternative dessert)

# 2022 SPRING TERM DINNER MENU (WEEK 3)

## MONDAY

### Soup

Cream of white onion

### Main choices

Rump steak

Salmon fillet

Griddled miso aubergine (VE)

### Vegetables & sides

Chips, button mushrooms, peas & baked tomato

### Pudding option

Rice pudding jam sauce

## TUESDAY

### Soup

Butternut squash

### Main choices

Chicken schnitzel topped with ham and cheese

Pork & leek sausages

Vegan buffalo wings

### Vegetables & sides

Jacket potatoes, Boston beans, steamed savoy cabbage

### Pudding option

Sliced fresh pineapple & grape cups

## WEDNESDAY

### Soup

Vegetable & pasta

### Main choices

Cod & pancetta fishcakes

Coq au vin

Hot roasted heritage carrots with maple & cumin, tahini dressing (VE)

### Vegetables & sides

Pommes duchesse, cheesy leeks, roasted butternut squash

### Pudding option

Fruits of forest Eaton mess

## THURSDAY

### Soup

Sweet potato and lentil

### Main choices

Lamb Moussaka

Tempura battered chicken fillet

Vegan sweet potato and chickpea loaf (VE)

### Vegetables & sides

Steamed baby new potatoes, diced carrot, broad beans

### Pudding option

Iced yum yum

## FRIDAY

### Soup

Tomato

### Main choices

Breaded plaice fillet, lemon, tartare

Steak & ale pie

Vegan cottage pie (ve)

### Vegetables & sides

Jacket potato wedges, petit pois, balsamic tomato

### Pudding option

Chocolate cream eclair



Sidcot  
Live Adventurously

## SATURDAY

### Soup

Cream of celery

### Main choice

Beef Fajita strips, onions & peppers, flour tortilla, sour cream & salsa

Reggae Reggae chicken

Chickenless strips, onions & peppers, flour tortilla, guacamole & salsa (VE)

### Vegetables & sides

Rice & beans

Corn on the cob with chilli flakes

### Pudding option

Ice cream stick

## SUNDAY - ROAST

### Main choices

Giant pigs in blankets, onion gravy

Vegan sausages in vegan gravy (ve)

Turkey escalope in creamy chestnut mushroom sauce

### Vegetables & Sides

Roast potatoes

Brussel sprouts

Carrots

### Pudding option

Cheesecake & cream