2022 SPRING TERM LUNCH MENU (WEEK 2)

MONDAY

Soup

Cream of vegetable

Main choices

Mac & cheese, crispy onion topping (V)

Vegan butterbean, tomato & spinach cassoulet (VE)

Sticky chicken teriyaki boneless thighs & sesame

Vegetables & sides

Parsley new potatoes, green beans & sweetcorn

Pudding option

Yoghurt

SATURDAY

Soup of the day

Leek

Main choice

Pork meatballs in tomato sauce

Vegan meatballs in tomato sauce (VE)

Four cheese sauce

Vegetable & Sides

Tricolour pasta, (GF pasta available), garlic bread, coleslaw, parmesan

Alternative option

Salad & cold meat bar, assorted breads, vinaigrettes & oils

Pudding option

Cadbury dairy milk chocolate mousse pots

ROAST TUESDAY

Soup

Cream of parsnip

Main choices

Roast beef, mini Yorkshires

Sea salt & rosemary pork loin chop

Stuffed beef tomato with risotto rice (ve)

Vegetables & sides

Roast potatoes, cauliflower cheese & carrots, Gravy

Pudding option

Iced bun

WEDNESDAY

Soup

Lentil

Main choices

One pot BBQ chicken & wedges, blue cheese dressing dip

Chilli Beef

Vegan mince chilli (ve)

Vegetables & sides

Steamed rice, mixed market vegetables

Hot pudding day

Bread & butter pudding with biscoff spread & custard

THURSDAY

Soup

Tomato

Main choices

Butchers pork sausages
Linda McCartney sausages (ve)

Chicken gyros kebab

Vegetables & sides

Baked mini potatoes in olive oil and sea salt, baked beans, ratatouille

Pudding option

Ielly

FRIDAY

Soup

Mushroom

Main choices

Battered cod fillet, lemon, tartare

Slow cooked beef with caramelised baby onions, root veg and herby dumplings

Vegan Fishless fish, Vegan Mayo, lemon (ve)

Vegetables & sides

Chips, mushy peas, baked half tomato

Pudding option

Sliced Melon & Pineapple

SidCot Live Adventurously

Salad Bar & Jacket Potato Bar

Self serve from our central salad bar area

Pasta Paradise

12.30 - 13.30

For Sixth Formers

KITCHEN @ SIDCOT

Monday Pea, spinach, ricotta arancini, beetroot & horseradish chutney, mixed leaves

Tuesday Mushroom Omelette

Wednesday Nachos, hot cheese sauce, salsa, sour cream and jalapeños

Thursday: Fiery chicken wings, creamy ranch dressing

SUNDAY BRUNCH

Cereal selection, toast, spread & preserves yoghurt, fruit & seed bar

Cooked breakfast

Full breakfast, sausage, crispy smoked streaky bacon, beans, mushrooms, grilled tomatoes, breaded chicken goujons, savoury fried potatoes & fried egg

Alternative option

American pancakes, maple flavour syrup

Hot Beverage station

Selection of fruit juice and hot drinks

2022 SPRING TERM DINNER MENU (WEEK 2)

MONDAY

Soup

Cream of Vegetable

Main choices

Pea & mint risotto (VE) parmesan crisp (V)

Gammon & eggs

Spanish chicken breast with tomato chorizo and olives

Vegetables & sides

Diced savoury potatoes, garden peas, roasted beetroot

Pudding option

Fresh Fruit salad

TUESDAY

Soup

Cream of parsnip

Main choices

Smoked frankfurter, sauerkraut, jalapeños, mustard mayonnaise

Moving mountains Vegan hot dog (VE) sauerkraut, jalapeños

Beef mince kebab with red onion and red & green peppers

Vegetables & sides

Brioche hot dog roll, jumbo onion rings, Red cabbage slaw, half baked potato gratinated with tomato salsa and smoked cheese

Pudding option

Choc Ice

WEDNESDAY

Soup

Lentil

Main choices

Seafood mac & cheese fishcake, lemon Texas rubbed baked chicken leg Stuffed pepper with rice & herbs (VE)

Vegetables & sides

Saute potatoes, broccoli, chanteray carrots

Pudding option

Butterscotch delight

THURSDAY

Soup

Tomato

Main choices

Crumbed Southern Fried chicken breast

Baked eggs on Mediterranean veg with kale and sunflower pesto (V)

Salmon fillet, lemon & chive butter

Vegetables & sides

Parsley steamed potatoes, broccoli, sweetcorn

Pudding option

Rhubarb crumble & cream

FRIDAY

Soup

Mushroom

Main choices

Slow cooked pulled pork in coffee and treacle

Sticky hoisin & sesame boneless chicken thigh with carrot julienne pickles

Crispy tofu wedges in smoked paprika and garlic, wilted spring onions

Vegetables & sides

Jasmine rice, Veg stir fry with Pak Choi, mini spring rolls

Pudding option

Diced mango pots



SATURDAY

Soup

Leek

Main choice

Chicken Kiev

Creamy vegetable Kiev (v) Crispy baked duck breast

Vegetables & sides

New potatoes

Slow cooked red cabbage

Green beans

Pudding option

Choc fudge cake & cream

SUNDAY - PIZZA NIGHT

Main choices

Ham & Pineapple Marinated vegetable (V) Pepperoni

Vegetables & Sides

Fiery chicken wings, Vegan dippers (VE)

Four dips-BBQ, thousand island, garlic & herb, sweet chilli.

Garlic bread slice, tossed mixed salad

Pudding option

Baked choc chip cookie