

Junior School (EYFS and KS1) curriculum map for PE, 2022-23

	Term 1&2 (13 weeks)		Term 3&4 (11 weeks)		Term 5&6 (11 weeks)
EYFS	Fundamental movements	Multi skills	Gymnastics	Ball skills	Health related fitness and athletics
J1 – Real PE	Personal skills	Health and Fitness	Creative skills	Social skills	Cognitive skills and Applying skills
J1 - PE	Personal Best	Ball skills	Gymnastics	Health related fitness	Athletics and Striking/Fielding
J2 – Real PE	Personal skills	Health and Fitness	Creative skills	Social skills	Cognitive skills and Applying skills
J2 - PE	Personal Best	Ball skills	Gymnastics	Health related fitness	Athletics and Striking/Fielding