



Primary Swimming Lessons Agreement 2017

Objectives of school swimming

- Pupils to understand the benefits of swimming
- Pupils to understand the principles of water safety
- Pupils to develop confidence in the water
- Pupils to develop skills to enable them to swim front and back
- Each pupil to reach all elements of Key Stage 2 National Curriculum swimming requirements (see appendix A)

We will deliver

- Lessons will be delivered by an ASA Level 2 Swimming Teacher or equivalent and supported by visiting school staff
- Lessons will take place during school time
- Lessons will last at least 30 minutes
- Lessons will have a lifeguard on poolside
- We will provide changing room facilities

Visiting School Staff

- Are to remain on poolside throughout the lesson in a pastoral role if they lack the necessary qualifications to assist delivery unless requested by a swimming teacher to assist in a lesson
- Should assist the swimming teacher with pupils who misbehave or are having difficulties within the lesson
- Will ensure that the swimming teacher is aware of any special educational needs and/or disabilities which may affect learning ability
- Will ensure that the swimming teacher is aware of all medical conditions
- Will record pupils' achievements from the swimming teacher at the end of the block of lessons and present to the class teacher for record retention.
- Should liaise with the swimming teacher before any attempt is made to intervene into the teaching of the lesson
- Ensuring that pupils are ready at the start of the lesson, having changed and removed any jewellery
- Keep note of which swimming group each pupil is in and group them for the start of the lesson

Parking and Site Information

- All coaches must only drop off or park in the permitted drop off points on Oakridge Lane, identified by signage
- Please be aware that Oakridge Lane is a public highway and there will be traffic, please take care when crossing or walking along the road
- There may be school lessons, assembly or Meeting for Worship taking place in Sports Centre when you arrive or leave, please make your way to and from the pool quietly
- A member of staff must sign in at Reception

Appendix A

1. National curriculum outcome: Swim competently, confidently and proficiently over a distance of at least 25 metres.

- Swimming at least 25 metres should be viewed as an absolute minimum. Every Year 6 child should achieve this distance, with an expectation that the majority of pupils will swim significantly further.
- The swim should be continuous and completed without undue stress. The stroke or strokes used should be as strong at the end as at the start of the distance.
- In completing at least 25 metres some element of this must include in deep water, defined as greater than shoulder depth.

2. National curriculum outcome: Use a range of strokes effectively.

- The strokes used should be recognisable to an informed onlooker. The minimum expectation will be:
 - Alternative strokes: Front crawl, Backstroke
 - Simultaneous strokes: Breaststroke, Butterfly

3. National curriculum outcome: Perform safe self-rescue in different water-based situations.

- Emphasis should be on young people being able to safely enter and exit the water. This includes falling in and using ladders to get out of pools.
- The ability to tread water and keep yourself afloat is vital for safe-self rescue, as is the ability to get back to the side.
- Schools should also ensure pupils have practical experience of using their skills in outdoor swimming environments, such as the sea, canals or rivers. The Swim Safe schools programme run by Swim England and the RNLI provide practical water safety sessions for schools during the summer term and are committed to working with schools to ensure all pupils are able to access a session by 2020.