**To Parents of Day Students in Sixth Form at Sidcot School**

2 October 2020

Dear Parent

**Coronavirus (COVID-19) Update**

Further to my letter of 30 September, I am writing to update you with information we have now received from Public Health England (PHE) following the positive test for COVID-19 by one of our students.

**Isolation advice**

We have followed the national guidance and have identified that your child is within the affected bubble with symptomatic people. In line with the national guidance, we recommend that your child continues to stay at home and self-isolate until **Monday 12 October (returning to school on Tuesday 13 October)**.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

**What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, **you should organise for your child to be tested** via the [NHS online portal](https://www.nhs.uk/ask-for-a-coronavirus-test) or by calling 119. Your household should isolate until you receive the test results giving the all clear.

**Symptoms of COVID 19**

The most common symptoms of Coronavirus (COVID-19) are recent onset of:

* new continuous cough and/or
* high temperature and/or
* a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

**How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

* wash your hands with soap and water often – do this for at least 20 seconds
* use hand sanitiser gel if soap and water are not available
* wash your hands as soon as you get home
* cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
* put used tissues in the bin immediately and wash your hands afterwards

**Flu vaccination**

We would like to take this opportunity to remind you and your family to have the flu vaccination if you are eligible for this, especially if you are in a risk group. You can find out about risk groups and whether you are eligible for a flu vaccine at the [NHS Flu vaccine overview.](https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/)

**Further information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>.

I hope you will find this advice from PHE useful and am extremely grateful for the support shown by parents over the course of this week. Students will continue to be able to access Online Supported Learning for the duration of the time that they are out of school and we look forward to welcoming them back on campus on **Tuesday 13 October**.

Should you require any further information, please do not hesitate to contact School through the usual channels.

Yours sincerely

Iain Kilpatrick

Headmaster