

SIDCOT SCHOOL BREAKFAST MENU

MONDAY

COOKED BREAKFAST

Back bacon (GF) hash browns (GF,VE)
poached & boiled egg (GF)

ADDITIONS

Chocolate croissant
Waffles
Sliced melon (GF, VE)

DIETARY ALTERNATIVES

Bacon (GF, VE), scrambled tofu (GF, VE)
Croissant (GF)

TUESDAY

COOKED BREAKFAST

Buttermilk pancakes crispy bacon (GF)
Scrambled & boiled egg (GF)
Mixed berries & maple syrup (GF, VE)

ADDITIONS

Butter croissant
Cinnamon swirl
Mixed grapes (GF, VE)

DIETARY ALTERNATIVES

Vegan pancake (VE), GF croissant

WEDNESDAY

CONTINENTAL BREAKFAST

Continental meats & cheeses (GF)
Smashed avocado (GF, VE)
Boiled egg (GF)

ADDITIONS

Pain au chocolat
Assorted rolls (VE)
Chopped kiwi & mango (GF, VE)

DIETARY ALTERNATIVES

Raspberry croissant (VE) Ciabatta (VE GF)

THURSDAY

COOKED BREAKFAST

Cheese omelette (GF)
Pork sausage (GF)
Sautée mushroom (GF, VE)
Boiled egg (GF)

ADDITIONS

Mini blueberry muffin
Butter Croissant
Chopped fresh pineapple (GF, VE)

DIETARY ALTERNATIVES

Blueberry croissant (VE) Ciabatta (VE GF)
Vegan sausage (GF, VE)

FRIDAY

COOKED BREAKFAST

Streaky bacon (GF)
Scrambled & boiled egg (GF)
Smoked salmon (GF)
Baked beans (GF, VE)

ADDITIONS

Chocolate twist
Mini pastries
Mixed berries (GF, VE)

DIETARY ALTERNATIVES

Bacon (GF, VE), scrambled tofu (GF, VE)
Croissant (GF)

SATURDAY

CONTINENTAL BREAKFAST

Continental meats & cheeses (GF)
Smashed avocado (GF, VE)
Boiled egg (GF)

ADDITIONS

Strawberry & banana smoothie (GF, VE)
Buttered croissant
Assorted rolls

DIETARY ALTERNATIVES

Vegan waffle & berries (VE)
Vegan cheeses (GF, VE)
Ciabatta (VE GF)

AVAILABLE DAILY

CEREALS & TOAST

Selection of 6 cereals from Kelloggs granola, Frosties, Coco pops, Special K, Bran flakes,
Cornflakes, Rice Kripies, Cheerios & Weetabix.
Variety of different breads & bagels to toast with spreads & preserves

DIETARY ALTERNATIVES

GF Bread, GF Cornflakes, Coconut yoghurt (GF, VE) Alpro Yoghurt (GF, VE)

YOGHURT BAR - TOPPINGS ALL GF & VE

Strawberry, Natural & Greek yoghurt, Toasted seeds, mandarins, dried apricots & dates,
chia seeds, banana chips, cranberries, papaya, goji berries

BEVERAGES & ALTERNATIVE MILKS

Selection of hot drinks including cappuccino, latte, tea, hot chocolate, herbal teas.
Orange & apple juice. Oat, coconut, soya & lactose free milk

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SUNDAY

BRUNCH

Poached, scrambled & boiled egg (GF)
Roasted tomatoes (GF, VE)
Sauté mushroom (GF, VE)
Sausage & Bacon (GF)
Hash brown (GF, VE)
Baked beans (GF, VE)

ADDITIONS

Selection of 6 fruits to create your
own fruit bowl
Cinnamon swirl

DIETARY ALTERNATIVES

Vegan sausage & bacon (GF, VE)



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SIDCOT SCHOOL LUNCH MENU WEEK 1

MONDAY

MAIN CHOICES

Vegan sausage roll (VE)
Chef made sausage roll
Fish Pie (GF)

SIDES - ALL GF & VE

New Potato
Mixed veg
Leeks & Peas

DIETARY ALTERNATIVES

Beetroot falafel in tomato sauce (GF, VE)

DESSERT

Peaches (GF, VE) & cream

TUESDAY

MAIN CHOICES

Margaretta pizza
Pepperoni pizza
Smoked bacon carbonara

SIDES - ALL GF & VE

New Potatoes
Sweetcorn
Peas

DIETARY ALTERNATIVES

Mediterean roasted veg pizza (GF, VE)
Vegan vanilla ice cream (GF, VE)

DESSERT

Semi Freddo with fruit collis (GF)

WEDNESDAY

MAIN CHOICES

Cauliflower wings (GF, VE)
Roast turkey (GF) & stuffing
Mediterranean vegetable wellington (VE)

SIDES - ALL GF & VE

Roast potato
Savoy cabbage
Mixed Veg
Gravy

DIETARY ALTERNATIVES

Fruity flapjack (GF, VE)

DESSERT

Flapjack (GF)

THURSDAY

MAIN CHOICES

Vegetable tagine (GF, VE)
Hoisin chicken strips (GF)
Mild beef chilli con carne (GF)

SIDES - ALL GF & VE

Fresh herb rice
Broccoli
Sweetcorn

DIETARY ALTERNATIVES

Alpro Yoghurt (GF, VE)

DESSERT

Greek yoghurt with toppings on theatre kitchen, fruit compotes, granola, seeds & honey (GF)

FRIDAY

MAIN CHOICES

Vegetable tikka (GF) & naan bread (VE)
Catch of the day & lemon wedge
Sausage, bacon & onion (GF)

SIDES - ALL GF & VE

Chips
Baked beans
Grilled tomato
Garden Peas

DESSERT

Melon & Pineapple (GF, VE)

SATURDAY

BUILD YOUR OWN BURRITO

Beef mince (GF)
Shredded chicken (GF)
Vegan chilli (GF, VE)
Cheese (GF) Soft tortilla (VE)

SIDES - ALL GF & VE

Guacamole lettuce, soured cream, Mexican rice, salsa, jalapeno peppers & chargrilled peppers

NACHOS (GF, VE)

DESSERT

Mexican fruit salad with honey

AVAILABLE DAILY

Soup of the day, Jacket potatoes, Baked beans, Pasta, Chef made tomato & basil sauce,
Plain chicken, salad bar with 18 different salads, cheeses, meats & fish.
Assorted breads, vinagettes & oils, fruit fridge

WEEKDAY THEATRE KITCHENS - MON - WED

Omelette bar, Sidcot Subs & Street food - full details on page 8

PASTA PARADISE (DELI) - MON-FRI

available to sixth formers - full details on page 8

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SUNDAY BRUNCH

SPECIALS FOR WEEK 1

Smashed avocado (GF, VE) on a bagel (VE)
Sweet waffles & syrup
Bacon & cheese turnover

DIETARY ALTERNATIVES

Vegan waffle (VE)
GF Crossiant (GF)



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SIDCOT SCHOOL DINNER MENU WEEK 1

MONDAY

MAIN CHOICES

Pulled pork (GF) & pitta bread
Lemon & herb chicken (GF)
Quorn & pepper stir fry (GF, VE)

SIDES - ALL GF & VE

Wholegrain rice
Mediterean Veg
Baby spinach & chickpea

DIETARY ALTERNATIVE

Fresh fruit (GF, VE)

DESSERT

Meringue nests & fresh fruit (GF)

TUESDAY

MAIN CHOICES

Sweet potato, coriander & hummus (GF, VE)
Five spiced pork chop (GF)
Honey & soy baked salmon (GF)

SIDES

Champ (GF)
Green beans (GF, VE)
Roasted butternut squash (GF, VE)
Rice (GF, VE)

DIETARY ALTERNATIVES

Individual brownie (GF, VE)

DESSERT

Caramel chocolate brownie

WEDNESDAY

MAIN CHOICES

Chicken tikka masala (GF)
Lamb balti (GF)
Butternut squash curry (GF, VE)

SIDES

Pilau rice (GF, VE)
Sag aloo (GF, VE)
Poppadoms (VE) & mango chutney (GF, VE)
Naan bread (VE)

DIETARY ALTERNATIVES

Mango sorbet (GF,VE)

DESSERT

Mango Lassi (GF)

THURSDAY

PEACE FESTIVAL BBQ

Beef burger in a bap
Hot dog in a roll
Garden burger in a brioche roll (GF, VE)

SIDES

Burger cheese (GF)
Tomato Ketchup (GF, VE)
American mustard (GF, VE)
Cooked onion (GF, VE)
Crispy onions

DESSERT

Flapjack

FRIDAY

MAIN CHOICES

Chicken Chow Mein
Sweet & sour pork (GF)
Vegetable spring rolls (VE)

SIDES

Egg fried rice (GF)
Pak choi & baby corn (GF, VE)
Prawn crackers

DIETARY ALTERNATIVES

Plain rice with sweet & sour veg (GF, VE)
Trillionaire cheesecake (GF, VE)

DESSERT

Biscoff cheesecake

SATURDAY

MAIN CHOICES

Sidcot Fried Chicken - selection of SF coated chicken legs
& hot wings
Tempura halloumi
Flat bread with hummus, falafel & roasted pepper (VE)

SIDES - ALL GF & VE

Sweet potato fries, petit pois, corn on the cob

DIETARY ALTERNATIVES

GF Ciabatta with hummus, falafel & roasted pepper (GF, VE)
Apple & Elderflower cake (GF, VE)

DESSERT

Banoffee pie

SUNDAY

MAIN CHOICES

Butternut squash & apricot roast (GF, VE)
Roast beef (GF) & Yorkshire pudding
Roast chicken (GF) & stuffing

SIDES

Roast potatoes (GF, VE)
Carrots (GF, VE)
Cauliflower cheese
Gravy (GF, VE)

DESSERT

Chefs special



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SIDCOT SCHOOL LUNCH MENU WEEK 2

MONDAY

DISASTER LUNCH

Vegetable soup

Tomato soup

2 slices of bread

Piece of fruit

TUESDAY

NATIONAL TACO DAY

Vegan chilli (GF, VE)
Beef mince (GF)
Shredded chicken (GF)

SIDES

Soft corn taco (GF, VE)
Mexican rice (GF, VE)
Mexican street corn (GF, VE)
Salsa (GF, VE) & soured cream (GF)

DIETARY ALTERNATIVES

Cookie (GF,VE)

DESSERT

Churros with cinamon or a
caramel sauce

WEDNESDAY

MAIN CHOICES

Butternut squash & veg wellington (VE)
Roast lamb & mint sauce (GF)
Garlic & thyme rubbed chicken (GF)

SIDES - ALL GF & VE

Roast potatoes
Savoy cabbage
Carrot or honey roast parsnips
Gravy

DIETARY ALTERNATIVES

Sweet potato falafel (GF,VE)

DESSERT

Fruit salad (GF,VE) & Cream (GF)

THURSDAY

MAIN CHOICES

Beanie Chilli (GF,VE)
Sticky Beef, honey & chilli
Crispy chicken fillet & BBQ sauce

SIDES - ALL GF & VE

Steamed brown rice
Mixed vegetables
Peas

DIETARY ALTERNATIVES

Speculoos filled mini doughnut (VE)

DESSERT

Doughnuts

FRIDAY

MAIN CHOICES

Garden burger in a brioche bun (GF, VE)
Beef burger in a roll
Lemon & herb grilled chicken (GF)

SIDES - ALL GF & VE

Potato wedges
Baked beans
Sweetcorn

DESSERT

Vegan jelly (GF,VE)
& cream (GF)

SATURDAY

MAIN CHOICES

Pepperoni pizza
Meatballs in basil sauce
Pesto glazed roasted vegetables (GF,VE)

SIDES

Wholewheat fusilli (VE)
Market vegetables (GF,VE)
Focaccia (VE)

DIETARY ALTERNATIVES

Pasta (GF,VE) Ciabatta (GF,VE)
Apple & Elderflower cake (GF,VE)

DESSERT

Tiramisu

AVAILABLE DAILY

Soup of the day, Jacket potatoes, Baked beans, Pasta, Chef made tomato & basil sauce,
Plain chicken, salad bar with 18 different salads, cheeses, meats & fish.
Assorted breads, vinagarettes & oils, fruit fridge

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SUNDAY BRUNCH

SPECIALS FOR WEEK 2

Hoi sin chicken bao bun
American pancakes & maple syrup
Pastrami & emmental bagel

DIETARY ALTERNATIVES

Pancakes & berries (VE)
GF Crossiant (GF)



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SIDCOT SCHOOL DINNER MENU WEEK 2



MONDAY

MAIN CHOICES

Jerk chicken (GF)
Jamaican beef stew (GF)
Jamician vegan curry (GF,VE)

SIDES - ALL GF & VE

Rice n peas
Sweetcorn
Country vegetables

DIETARY ALTERNATIVE

Fruit sorbet (GF, VE)

DESSERT

Jamician ginger cake

TUESDAY

MAIN CHOICES

Vegetable gratin (GF,VE)
Teryaki pork belly
Sweet chilli chicken stir fry (GF)

SIDES - ALL GF & VE

New potatoes
Mushroom
Peas
Rice

DIETARY ALTERNATIVES

Fruit smoothie (GF, VE)

DESSERT

Crepes with berries & chocolate sauce

WEDNESDAY

MAIN CHOICES

Market vegetable risotto (GF,VE)
Ham & pea pasta bake
Chinese 5 spiced pulled beef (GF)

SIDES

Wholewheat pasta (VE)
Sweetcorn (GF,VE)
Mixed Vegetables (GF,VE)
Rice (GF,VE)

DIETARY ALTERNATIVES

Power ball (GF,VE)

DESSERT

Profiteroles

THURSDAY

MAIN CHOICES

Southern fried nuggets (VE)
Honey glazed ham (GF)
Chicken breast in a cream sauce (GF)

SIDES - ALL GF & VE

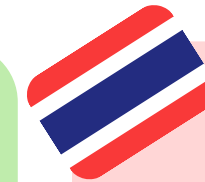
Baby jacket potatoes
Green beans
Market vegetables
Rice

DIETARY ALTERNATIVES

Beetroot falafel (GF,VE)
Individual Brownie (GF,VE)

DESSERT

Vanilla cheesecake (GF)



FRIDAY

MAIN CHOICES

Vegetable Thai green curry (GF,VE)
Chicken Thai green curry (GF)
Thai beef stirfry (GF)

SIDES - ALL GF & VE

Jasmine rice
Edamane beans
Sugar snap peas

DESSERT

Tropical fruit salad (GF,VE)
& Cream (GF)



SATURDAY

MAIN CHOICES

Salmon Teryaki
Katsu chicken (GF)
Aubergine katsu curry (GF,VE)

SIDES

Udon noodles (VE) Rice (GF,VE)
Edamame beans in pods (GF,VE)
Broccoli (GF,VE) Spinach (GF,VE)

DIETARY ALTERNATIVES

Vegan icecream (GF,VE)

DESSERT

Raspberry or coconut mochi (GF)

SUNDAY

MAIN CHOICES

Lentil stew (GF,VE)
Roast pork & apple sauce (GF)
Roast chicken (GF)

SIDES - ALL GF & VE

Roast potatoes
Carrots
Savoy cabbage
Gravy

DESSERT

Chefs special



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SIDCOT SCHOOL LUNCH MENU WEEK 3



MONDAY

MAIN CHOICES

Mushroom, tomato, celeriac & pesto stack (GF, VE)
Butchers pork sausage (GF)
Quorn sausage (VE)

SIDES

Mashed potato (GF)
Gravy (GF, VE)
Broccoli (GF, VE)
Carrots (GF, VE)

DIETARY ALTERNATIVES

Dessert (GF, VE)

DESSERT

Shortbread

TUESDAY

MAIN CHOICES

Tomato & basil bake (VE)
Chicken & sweetcorn bake
Falafels balls in spicy sauce (VE)

SIDES

Whole wheat penne pasta (VE)
Mixed veg (GF, VE)
Broccoli (GF, VE)

DIETARY ALTERNATIVES

Gluten free pasta bake (GF, VE)

DESSERT

Sliced fresh melon (GF, VE)

WEDNESDAY

MAIN CHOICES

Mediterranean ratatouille bake (GF, VE)
Roast garlic & herb chicken breast (GF)
Roast beef (GF) & Yorkshire pudding

SIDES

Roast potato (GF, VE)
Carrots (GF, VE)
Cauliflower cheese
Gravy (GF, VE)

DIETARY ALTERNATIVES

Vegan cookie (GF, VE)

DESSERT

Cookie

THURSDAY

MAIN CHOICES

Spinach, sweet potato & lentil dahl (GF, VE)
Teriyaki chicken
BBQ pork strips (GF)

SIDES - ALL GF & VE

Fresh herb rice
Sweetcorn
Peas

DIETARY ALTERNATIVES

Alpro Yoghurt (GF, VE)

DESSERT

Greek yoghurt with toppings on theatre kitchen, fruit compotes, granola, seeds & honey (GF)

FRIDAY

MAIN CHOICES

Goats cheese & red onion slice
Catch of the day & lemon
Cajun chicken breast (GF)

SIDES - ALL GF & VE

Chips
Baked beans
Garden peas

DIETARY ALTERNATIVES

Cauliflower bites (GF, VE)
Vanilla Gelato (GF, VE)

DESSERT

Arctic roll

AVAILABLE DAILY

Soup of the day, Jacket potatoes, Baked beans, Pasta, Chef made tomato & basil sauce,
Plain chicken, salad bar with 18 different salads, cheeses, meats & fish.
Assorted breads, vinagarettes & oils, fruit fridge

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SIDCOT SCHOOL DINNER MENU WEEK 3

MONDAY

MAIN CHOICES

Roasted cauliflower & 5 bean stew (GF, VE)
Beef steak pie
Chicken chasseur (GF)

SIDES - ALL GF & VE

Wholegrain rice
Sweetcorn
Sugar snap peas

DIETARY ALTERNATIVE

Vegan cheese & oatcakes (GF, VE)

DESSERT

Local & European cheeses & biscuits

TUESDAY

MAIN CHOICES

Red pepper & feta bake (GF)
Lamb chop with mint sauce (GF)
Turkey schnitzel

SIDES

Croquette potatoes (VE)
Diced butternut squash (GF, VE)
Broccoli (GF, VE)
Rice (GF, VE)

DIETARY ALTERNATIVES

Stuffed pepper (GF, VE)
Individual brownie (GF, VE)

DESSERT

Rocky road

WEDNESDAY

MAIN CHOICES

Vegetable lasagne
Gnocchi alla norma (VE)
Beef lasagne

SIDES

Garlic bread
Caparese salad, tomato & mozzarella (GF)
Saute courgette (GF, VE)
Rice (GF, VE)

DIETARY ALTERNATIVES

Vegan pasta bake (GF, VE)
Vanilla icecream (GF, VE)

DESSERT

Treacle tart & cream

THURSDAY

MAIN CHOICES

Vegetable samosa (VE)
Lamb tagine (GF)
Honey & paprika chicken (GF)

SIDES

Cous cous (VE)
Moroccan carrot (GF, VE)
Green beans (GF, VE)
Rice (GF, VE)

DIETARY ALTERNATIVES

Cookie (GF, VE)

DESSERT

Chocolate fudge cake

HALF

TERM

HOLIDAY



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