

# SIDCOT SCHOOL BREAKFAST MENU

## MONDAY

### Cooked breakfast

Back bacon, hash browns & poached & boiled egg

### Alternative & fresh fruit option

Chocolate croissant & Waffles  
Melon slice

### Vegan option

Hash brown, sausage & scrambled tofu

## TUESDAY

### Cooked breakfast

Buttermilk pancakes, crispy bacon, scrambled & boiled egg, mixed berries & maple syrup

### Alternative & fresh fruit option

Buttered croissant & Cinnamon swirl  
Mixed grapes

### Vegan option

Waffle, bacon, maple syrup & berries

## WEDNESDAY

### Continental breakfast

Continental meats & cheeses, smashed avocado & boiled eggs

### Alternative & fresh fruit option

Pain au chocolate & assorted rolls  
Chopped kiwi & mango combo

### Vegan option

Raspberry croissant, assorted rolls & smashed avocado

## THURSDAY

### Cooked breakfast

Cheese omelette, GF sausage, saute mushrooms & boiled egg

### Alternative & fresh fruit option

Blueberry muffin & Croissant  
Chopped fresh pineapple

### Vegan option

Scrambled tofu, saute mushrooms & quorn sausage

## FRIDAY

### Cooked breakfast

Streaky bacon, scrambled & boiled egg, smoked salmon & baked beans

### Alternative & fresh fruit option

Chocolate twist & Mini pastries  
Mixed berries

### Vegan option

Bacon, scrambled tofu & baked beans

## SATURDAY

### Continental breakfast

Continental meats & cheeses, boiled eggs & assorted breads & rolls

### Alternative option

Strawberry & banana Smoothie  
Buttered croissant

### Vegan option

Pancakes & berries

## AVAILABLE DAILY

### Cereals & Toast

Porridge, selection of 6 cereals from Granola, Wholewheat fruit & fibre, Special K, Coco pops, Shreddies, Cherrios, Cornflakes, Weetabix, Frosties, Rice Krispies, Toast, spreads & preserves GF bread & GF cereal

### Yoghurt Bar

Strawberry, peach, natural & Greek yoghurt, coconut yoghurt, 3 omega seeds, mandarins, peaches, dried apricot & dates, cranberries, papaya, goji berries, banana chips,.

### Beverages & Alternative Milks

Selection of hot drinks including cappuccino, latte, tea, hot chocolate, herbal teas. Orange & apple juice.  
Oat, Soya, Coconut

## SUNDAY BRUNCH

### Cooked breakfast with weekly specials

Poached, Scrambled & boiled egg, Roasted tomatoes, Saute Mushroom, Oven cooked sausage, hash browns, bacon & baked beans

### Vegan option

Hash brown, baked beans, bacon & scrambled tofu

### The Sidcot Fruit Stop @ theatre kitchen.

### **Build Your Own Fruit Bowl!**

Choose from 6 delicious fruits to create your perfect, custom fruit bowl.

**Fresh. Healthy. Your Way.**

Meals are subject to change at short notice. Allergen information can be obtained on request at the meal time.



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# SIDCOT SCHOOL LUNCH MENU WEEK 1



## MONDAY

### Soup of the day

### Main choices

Vegan sausage roll  
Chef made jumbo sausage roll  
Fish Pie

### Vegetables & sides

New potato, mixed veg, leeks & peas

### Vegan Option

Vegan sausage roll

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Peaches & cream  
Fresh fruit

## TUESDAY ITALIAN LUNCH

### Soup of the day

### Main choices

Margaritta pizza  
Pepperoni pizza  
Smoked bacon carbonara

### Vegetables & sides

Whole wheat penne pasta, sweetcorn  
& garden peas

### Vegan Option

Chargrilled vegetable with pesto

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Semifreddo with fruit coulis  
Fresh fruit

## WEDNESDAY

### Soup of the day

### Main choices

Vegan cauliflower wings  
Roast turkey & stuffing  
Mediterranean vegetable wellington

### Vegetables & sides

Roast potatoes, savoy cabbage, mixed  
vegetables & gravy (GF)

### Vegan Option

Gluten free cauliflower wings

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Flapjack  
Fresh fruit

## THURSDAY

### Soup of the day

### Main choices

Vegetable tagine  
Hoisin chicken strips  
Mild beef chilli con carne

### Vegetables & sides

Fresh herb brown rice, broccoli  
& sweetcorn

### Vegan Option

Vegetable tagine

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Greek yoghurt with toppings on theatre  
kitchen, fruit compotes, granola, seeds  
& honey  
Fresh fruit

END OF  
TERM  
HOPE  
EVERYONE  
ENJOYS  
THE  
SUMMER  
BREAK!!



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# SIDCOT SCHOOL DINNER WEEK 1



## MONDAY

### Main choices

Vegan quorn & pepper stir-fry

Crispy skin chicken with lemon & herb

BBQ pulled pork with pita

### Vegetables & sides

Steamed rice, Mediterranean roasted vegetables,  
baby spinach & chickpea

### Vegan Option

Vegan quorn & pepper stir-fry

### Pudding option

Meringue nest with fresh fruit

Fresh fruit

## TUESDAY

### Main choices

Sweet potato, coriander & hummus

Honey & soya baked salmon

Five spiced pork chop

### Vegetables & sides

Champ, green beans, butternut squash & rice

### Vegan Option

Sweet potato, coriander & hummus

### Pudding option

Caramel chocolate brownie

Fresh fruit

## WEDNESDAY

### INDIAN

### Main choices

Chicken Tikka Masala

Lamb Balti

Butternut squash curry

### Vegetables & sides

Pilau Rice, Sag aloo, Naan bread, Poppadums' with  
mango chutney

### Vegan Option

Butternut squash curry

### Pudding option

Mango Lassi

Fresh fruit



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# SIDCOT SCHOOL LUNCH MENU WEEK 2

## MONDAY

### Soup of the day

### Main choices

Mozzarella bites  
Pork loin with garlic mushroom sauce  
Macaroni cheese

### Vegetables & sides

Croquette potatoes, mixed veg,  
& green beans

### Vegan Option

Chargrilled vegetable stack

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Choc Ice  
Fresh fruit



## TUESDAY

### Soup of the day

### Main choices

Vegan pieces in a mildly spiced sauce  
Beef bolognese  
Chargrilled pesto chicken

### Vegetables & sides

Penne pasta, Mediterranean  
vegetables, peas & garlic bread

### Vegan Option

Vegan pieces in a mildly spiced sauce

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Fluffy lemon sponge served warm with  
a zesty lemon syrup

Fresh fruit

## WEDNESDAY

### Soup of the day

### Main choices

Butternut squash & veg wellington  
Roast lamb & mint sauce (GF)  
Garlic & thyme rubbed chicken

### Vegetables & sides

Roast potatoes, carrots or honey roast  
parsnips, savoy cabbage & gravy

### Vegan Option

Butternut squash & veg wellington

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Fresh fruit salad & cream

Fresh fruit

## THURSDAY

### Soup of the day

### Main choices

Beanie chilli  
Sticky crispy beef with honey & chili glaze  
Crispy chicken fillet & BBQ Sauce

### Vegetables & sides

Steamed brown rice, peas &  
mixed vegetables

### Vegan Option

Beanie chilli

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Doughnuts  
Fresh fruit

## FRIDAY

### Soup of the day

### Main choices

Vegan Cauliflower Wings  
Beef burger on a roll  
Lemon & herb grilled chicken

### Vegetables & sides

Seasoned wedges, baked beans,  
sweetcorn

### Vegan Option

Vegan Cauliflower Wings

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Vegan Fruit flavour jelly &  
pouring cream  
Fresh fruit

## SATURDAY ITALIAN

### Main choices

Pepperoni pizza

Meatballs in basil sauce

Pesto glazed roasted vegetables

### Vegetables & sides

Wholewheat fusilli, market vegetables & focaccia

### Pudding option

Tiramisu

## WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

### PASTA PARADISE, GRAB & GRAZE

Available to Sixth formers – see page 8

## SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

### Extras surprises

Hoi sin chicken Bao Bun

American pancakes & maple syrup

Pastrami & Emmental bagel

### Vegan Option

Pancakes & berries

Fresh fruit



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# SIDCOT SCHOOL DINNER MENU WEEK 2



## MONDAY

### Main choices

Jamaican vegetable curry

Jerk chicken

Jamaican beef stew

### Vegetables & sides

Rice n peas, sweetcorn & country vegetables

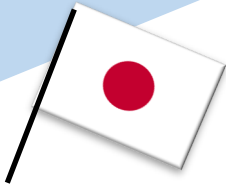
### Vegan Option

Jamaican vegan curry

### Pudding option

Jamaican ginger cake

Fresh fruit



## TUESDAY

### Main choices

Vegetable gratin

Teriyaki pork belly

Sweet chilli chicken stir fry

### Vegetables & sides

New potatoes, mushroom peas & rice

### Vegan Option

Vegetable gratin

### Pudding option

Crepes with berries & chocolate sauce

Fresh fruit

## WEDNESDAY

### Main choices

Market vegetable risotto

Ham & pea pasta bake

Chinese 5 spiced pulled beef

### Vegetables & sides

Wholewheat pasta, sweetcorn, mixed veg & rice

### Vegan Option

Market vegetable risotto

### Pudding option

Profiteroles

Fresh fruit

## THURSDAY

### Main choices

Southern fried vegan nuggets

Honey glazed bacon joint

Chicken breast in a cream sauce

### Vegetables & sides

Croquette potatoes, green beans, market veg & rice

### Vegan Option

Southern fried vegan nuggets

### Pudding option

Vanilla cheesecake

Fresh fruit

## FRIDAY THAI

### Main choices

Vegetable Thai green curry

Thai beef stir fry

Chicken Thai green curry

### Vegetables & sides

Rice, sugar snap pea, edamame beans, baby corn, salad bar

### Vegan Option

Vegetable Thai green curry

### Pudding option

Tropical fruit salad & cream

Fresh fruit

## SATURDAY JAPANESE

### Main choices

Salmon teriyaki

Katsu chicken curry

### Vegan Option

Aubergine katsu curry

### Vegetables & sides

Udon noodles, steamed edamame beans, broccoli & spinach

### Pudding option

Coconut mochi or Raspberry mochi

## SUNDAY

### Main choices

Lentil Stew

Roast pork & apple sauce

Roast chicken

### Vegetables & sides

Roast potatoes, carrots, savoy cabbage & roast gravy

### Pudding option

Chef special

Fresh fruit



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# SIDCOT SCHOOL LUNCH MENU WEEK 3

## MONDAY

### Main choices

Mushroom, tomato, celeriac & pesto stack  
Butchers sausages  
Vegan sausages

### Vegetables & sides

Mashed potato, GF gravy, broccoli & carrots

### Vegan Option

Vegan sausage

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Shortbread  
Fresh fruit



## SATURDAY SPANISH

### Main choices

Chicken & chorizo paella  
Spanish beef stew  
Spanish omelette

### Vegetables & sides

Garlic bread, green beans with olive oil & garlic, sweetcorn

### Pudding option

Churros with chocolate sauce

## TUESDAY

### Soup of the day

### Main choices

Tomato & basil pasta bake  
Chicken & sweetcorn pasta bake  
Falafel balls in spicy sauce

### Vegetables & sides

Penne pasta, mixed veg & broccoli

### Vegan Option

Falafel balls in spicy sauce

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Sliced fresh melon  
Fresh fruit

## WEDNESDAY

### Soup of the day

### Main choices

Mediterranean Ratatouille Bake  
Roast garlic & herb chicken breast  
Roast beef & Yorkshire pudding

### Vegetables & sides

Roasted potatoes, carrots, cauliflower cheese

### Vegan Option

Ratatouille

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Cookies  
Fresh fruit

## THURSDAY

### Main choices

Spinach, sweet potato & lentil dhal  
Teriyaki chicken  
BBQ pork strips

### Vegetables & sides

Rice, sweetcorn & peas

### Vegan Option

Spinach, sweet potato & lentil dhal with rice

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Greek yoghurt & seeds, fruit, granola @ theatre kitchen  
Fresh fruit

## FRIDAY

### Soup of the day

### Main choices

Goats cheese & red onion slice  
Catch of the day & lemon  
Butterflied cajun chicken breast

### Vegetables & sides

Herby diced potatoes, baked beans, garden peas

### Vegan Option

Hummus, roasted veg on flatbread

### Alternative options

Jacket potatoes, Salad & cold meat bar  
Assorted breads, vinaigrettes & oils

### Pudding option

Arctic roll  
Fresh fruit bowl

## WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

### PASTA PARADISE

### GRAB & GRAZE

Available to Sixth formers – see page 8

## SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

### Extras surprises

Sweet waffles & syrup  
Smoked Salmon & cream cheese bagel

Sweet potato fries

### Vegan Option

Waffles & syrup



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# SIDCOT SCHOOL DINNER MENU 3

## MONDAY

### Main choices

Roasted cauliflower & five bean stew  
Beef steak pie  
Chicken chasseur

### Vegetables & sides

Brown rice, sweetcorn, sugar snap peas

### Vegan Option

Roasted cauliflower & five bean stew

### Pudding option

Local & European cheese & biscuits  
Fresh fruit

## TUESDAY

### Main choices

Red pepper & feta bake  
Lamb chop with mint sauce  
Turkey schnitzel

### Vegetables & sides

Baby jacket potatoes, diced butternut squash, broccoli & rice

### Vegan Option

Stuffed pepper

### Pudding option

Rocky road  
Fresh fruit

## WEDNESDAY

### Main choices

Vegetable lasagne  
Gnocchi alla norma  
Beef lasagne

### Vegetables & sides

Garlic bread, Caprese salad (tomato & mozzarella) saute courgettes & rice

### Vegan Option

Vegan lasagne

### Pudding option

Treacle Tart  
Fresh fruit

## THURSDAY

### Main choices

Vegetable samosa  
Lamb tagine

Honey & paprika chicken

### Vegetables & sides

Cous cous, Moroccan carrot, green beans & rice

### Vegan Option

Vegetable samosa & curry sauce

### Pudding option

Chocolate fudge cake  
Fresh fruit

## FRIDAY

### BBQ IN GARDEN

Weather dependent—if its too cold or raining wedl move to refectory

### Main choices

Pulled pork sliders  
Slow cooked beef brisket  
Hot honey Halloumi

### Vegetables & sides

BBQ stir fried vegetables,  
Potato salad, Coleslaw

### Pudding option

Choc Ice  
Fresh fruit

## SATURDAY

### American Diner

6oz beef burger in brioche bun,  
Vegan garden burger in a bun,  
Grilled Chicken fillet in a wholemeal bun

Sides & Salads French fries, onion rings, rainbow slaw, quinoa tabbouleh

Theatre kitchen—customise your burger Shredded lettuce, beef tomato slice, cheese slice, sliced onions, gherkins, burger sauce, ketchup, American mustard

### Pudding option

New York Cheesecake or Water melon slice

## SUNDAY

### Main choices

Roasted butternut squash stack with pesto (vegan)  
Roast lamb with mint sauce  
Chicken Kyiv

### Vegetables & sides

Roasted new potatoes, carrots, cabbage & roast gravy

### Pudding option

Citrus sorbet or Fresh fruit bowl



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# SIDCOT SCHOOL WEEKLY SPECIALS MENU

## DAILY

### JACKET POTATOES

### SALAD BAR

#### The protein

Grated cheese, Boiled eggs,  
Tuna nicoise, Wiltshire Ham,  
Roast Beef, Salami, mixed  
beans, Coronation chicken  
Daily speciality salads.

#### Composite salads

Coleslaw, Potato salad,  
Greek salad, Puy lentil &  
butternut squash, vegetable  
noodles, Panzanella, Mexican  
pepper, Fruity couscous,  
Quinoa salad

#### Everyday simple salads

Baby mixed leaf, Cucumber &  
tomatoes, Sweetcorn, mixed  
peppers, Shredded carrots,  
Chopped beetroot, Pickled  
onions gherkins

### SOUP OF THE DAY

#### Made fresh every day using seasonal produce

Carrot & red lentil  
Moroccan vegetable  
Leek, pea & spinach  
Thai carrot & lemongrass  
Roasted garlic & sweet potato  
Carrot & coriander  
Roasted butternut squash  
Cream of mushroom  
Cream of tomato  
Sweet potato & lentil  
Carrot & butternut squash  
Cream of potato & courgette  
Tomato, butterbean &  
chickpea

## MONDAY TO FRIDAY

### MORNING BREAK

Fresh fruit , Hot & cold beverages

Biscuit of the day

### GRAB N GRAZE

#### Selection of sandwiches

Cheddar cheese & tomato  
Hummus & falafel  
Egg mayo & salad  
Coronation chicken & salad  
Chicken & bacon mayo  
Ham, cheese & salad  
Chicken & BBQ sauce

#### Walkers crisps

### THE SIDCOT FRUIT STOP

Variety of sliced melons

Pineapple chunks

Whole green & red apples

Banana

Satsuma / Clementine

Peach slices

Pears

Mango

Seedless grapes

Kiwi halves

Selection of berries

Dried fruit

## MONDAY TO THURSDAY

### PASTA PARADISE SIXTH FORMERS.

#### Freshly cooked pasta with a selection of sauces

Mac & cheese  
Vegetable ravioli  
Tomato & basil  
Vegan beanie chilli  
Bacon & cheese sauce  
Meatballs in tomato sauce  
Beef ragu  
Beef chilli

## MONDAY TO WEDNESDAY

### KITCHEN @ SIDCOT

#### Street food bar with a different dish every day!!

Sticky hoisin beef tortillas with peppers & sweet chilli sauce  
Tacos with chicken, salsa & Guacamole  
Crispy chicken wrap, BBQ sauce, cheese, mayo & lettuce  
Halloumi wraps, chilli mayo & lettuce  
Honey & soy beef boa buns  
Teriyaki pulled chicken on wedges with cheese

Moroccan spiced lamb

### SIDCOT SUBS

Choice of 3 cold fillings & 1 hot fillings in a soft sub roll

### OMELETTE BAR

Made to order with tomato, ham and/or cheese

### KITCHEN @ SIDCOT & OMELETTE BAR

Available Monday, Tuesday & Wednesday 1245-1330

### PASTA PARADISE

Open to 6th formers 1245-1330



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All dishes on this page are examples of what we offer. Please see blackboards, display stands & your server for what's available each day