SIDCOT SCHOOL BREAKFAST MENU

MONDAY

Cooked breakfast

Streaky bacon, scrambled egg & baked beans

Alternative & fresh fruit option

Cinnamon Swirl Melon slice

Vegan option

Scrambled tofu, saute mushrooms & beef tomato slice

TUESDAY

Cooked breakfast

Back bacon, hash browns & poached egg

Alternative & fresh fruit option

Pain au chocolate Mixed berries

Vegan option

Hash brown, bacon & scrambled tofu

WEDNESDAY

Continental breakfast

Continental meats & cheeses, smashed avocado & boiled eggs

Alternative & fresh fruit option

Buttered croissant & assorted rolls Chopped kiwi & mango combo

Vegan option

Raspberry croissant, assorted rolls & smashed avocado

THURSDAY

Cooked breakfast

Cheese omelette, GF sausage & saute mushrooms

Alternative & fresh fruit option

Raspberry & white chocolate pain au chocolat
Chopped fresh pineapple

Vegan option

Bacon, scrambled tofu & baked beans

FRIDAY

Cooked breakfast

Crispy bacon, French toast, berries & maple syrup

Alternative & fresh fruit option

Chocolate twist Mixed grapes

Vegan option

Waffle, bacon, maple syrup & berries

SATURDAY

Continental breakfast

Continental meats & cheeses, boiled eggs & assorted rolls

Alternative option

Strawberry & banana Smoothie Buttered croissant

Vegan option

Pancakes & berries

AVAILABLE DAILY

Cereals & Toast

Porridge, selection of 6 cereals from Granola, Wholewheat fruit & fibre, Special K, Coco pops, Shreddies, Cherrios, Cornflakes, Weetabix, Frosties, Rice Krispies, Toast, spreads & preserves GF bread & GF cereal

Yoghurt Bar

Strawberry, peach, natural & Greek yoghurt, coconut yoghurt, 3 omega seeds, mandarins, peaches, dried apricot & dates, cranberries, papaya, goji berries, banana chips,.

Beverages & Alternative Milks

Selection of hot drinks including cappuccino, latte, tea, hot chocolate, herbal teas. Orange & apple juice.

Oat , Soya, Coconut

SUNDAY BRUNCH

Cooked breakfast with weekly specials

Poached egg, Roasted cherry tomato & spinach, Saute Mushroom, Oven cooked sausage, hash browns, bacon & baked beans

Vegan option

Hash brown, baked beans, bacon & scrambled tofu

The Sidcot Fruit Stop @ theatre kitchen.

Build Your Own Fruit Bowl!

Choose from 6 delicious fruits to create your perfect, custom fruit bowl.

Fresh. Healthy. Your Way.



Meals are subject to change at short notice. Allergen information can be obtained on request at the meal time.

SIDCOT SCHOOL LUNCH MENU WEEK 1

MONDAY

Soup of the day

Main choices

Vegan sausage roll
Chef made jumbo sausage roll
Fish Pie

Vegetables & sides

New potato, panache of green vegetables green beans, leeks & peas

Vegan Option

Vegan sausage roll

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Choc Ice Fresh fruit

TUESDAY

Soup of the day

Main choices

Chargrilled vegetable with pesto Mozzarella, tomato & chicken Smoked bacon carbonara

Vegetables & sides

Whole wheat pasta penne, sweetcorn & garden peas

Vegan Option

Chargrilled vegetable with pesto

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Chocolate chip cake Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Southern fried vegan nuggets
Roast turkey & stuffing
Cheese & bacon turnover

Vegetables & sides

Roast potatoes, savoy cabbage, mixed vegetables & gravy (GF)

Vegan Option

Southern fried vegan nuggets

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Flapjack Fresh fruit

THURSDAY

Soup of the day

Main choices

Beanie chilli Hoisin chicken Mild beef chilli con carne

Vegetables & sides

Fresh herb brown rice, broccoli & sweetcorn

Vegan Option

Beanie chilli

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Fruit yoghurt Fresh fruit

FRIDAY

Soup of the day

Main choices

Vegetable tikka on naan bread Catch of the day & lemon wedge Cornish pasty & gravy

Vegetables & sides

Chipped potatoes, baked tomatoes garden & mushy peas

Vegan Option

Vegetable tikka on naan bread

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Fresh sliced pineapple & melon Fresh fruit



SATURDAY ITALIAN

Main choices

Margaretta pizza

Meatballs in basil sauce

Pesto glazed roasted vegetables

Vegetables & sides

Wholewheat fusilli, market vegetables & focaccia

Pudding option

Tiramisu

WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

PASTA PARADISE, GRAB & GRAZE

Available to Sixth formers - see page 8

SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

Specials for week 1

Smashed avocado & bagel

Sweet waffles & syrup

Sweet potato fries

Vegan Option

Vegan waffle, fruit & vegan nuggets



SIDCOT SCHOOL DINNER WEEK 1



MONDAY

Soup of the day

Main choices

Vegan quorn & pepper stir-fry

Crispy skin chicken with lemon & herb

BBQ pulled pork with pita

Vegetables & sides

Steamed rice, Mediterranean roasted vegetables, baby spinach & chickpea

Vegan Option

Vegan quorn & pepper stir-fry

Pudding option

Fruit crumble

Fresh fruit

TUESDAY

Soup of the day

Main choices

Sweet potato, coriander & hummus

Honey & soya baked salmon

Five spiced pork chop

Vegetables & sides

Champ, green beans, butternut squash, salad bar

Vegan Option

Sweet potato, coriander & hummus

Pudding option

Crepes with berries & chocolate sauce

Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Macaroni cheese

Vegan meatballs in tomato sauce

Beef meatballs in gravy

Vegetables & sides

Fusilli pasta, baby carrot, edamame beans, sugar snap peas, salad bar

Vegan Option

Vegan meatballs in tomato sauce

Pudding option

Treacle tart with cream

Fresh fruit

THURSDAY

Soup of the day

Main choices

Squash & pepper gratin

Teriyaki pork belly

Sweet chilli chicken

Vegetables & sides

Chive & garlic potato, mushroom & peas, salad bar

Vegan Option

Squash & pepper gratin

Pudding option

Fruit salad & cream

Fresh fruit

FRIDAY CHINESE

Soup of the day

Main choices

Spring rolls & plum sauce

Chicken chow mein

Pork in sweet & sour sauce

Vegetables & sides

Egg fried rice, mange tout & baby corn, pak choi, salad bar

Vegan Option

Spring rolls & plum sauce

Pudding option

Passionfruit cheesecake

Fresh fruit

SATURDAY

Basket meal night

Sidcot Fried Chicken—selection of SF coated chicken legs & hot wings

Southern fried mozzarella popcorn

Spinach tortilla wrap with hummus, falafel & roasted red pepper

Vegetables & sides

Sweet potato fries, salad bar

Pudding option

Apple crumble with custard

Fresh fruiit

SUNDAY

Main choices

Roast beef & Yorkshire pudding

Roast chicken & stuffing

Vegetable gratin

Vegetables & sides

Roast potatoes, carrots, cauliflower cheese & roast gravy

Pudding option

Banoffee pie

Fresh fruit



SIDCOT SCHOOL LUNCH MENU WEEK 2

MONDAY

Soup of the day

Main choices

Mushroom, tomato, celeriac & mozzarella stack (GF) Butchers sausages in red wine gravy Vegan Cumberland sausages

Vegetables & sides

Mashed potato, broccoli & carrots

Vegan Option

Vegan Cumberland sausage

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Shortbread Fresh fruit

TUESDAY

Soup of the day

Main choices

Vegan pieces in a mildly spiced sauce Beef bolognaise Chargrilled pesto chicken

Vegetables & sides

Penne pasta, Mediterranean vegetables & green beans

Vegan Option

Vegan chicken in a mildly spiced sauce

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Golden syrup chocolate sponge pudding with cream Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Butternut squash & veg wellington Roast lamb & mint sauce (GF) Garlic & thyme rubbed chicken

Vegetables & sides

Roast potatoes, carrots or parsnips, savoy cabbage & gravy

Vegan Option

Butternut squash & veg wellington

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Lemon drizzle cake Fresh fruit

THURSDAY

Soup of the day

Main choices

Quorn Creamy curry
Crispy chicken fillet & BBQ Sauce
Chinese 5 spiced pulled beef

Vegetables & sides

Steamed brown rice, peas, baby corn & beans

Vegan Option

Beanie chilli

Alternative options

Salad & cold meat bar Assorted breads, vinaigrettes & oils

Pudding option

Jam doughnut Fresh fruit

FRIDAY

Soup of the day

Main choices

Falafel & spinach burger Catch of the day & lemon Butterflied cajun chicken breast

Vegetables & sides

Jacket wedges, baked beans, corn on the cob, sliced tomato, iceberg, gherkins, burger sauce, American mustard

Vegan Option

Falafel & spinach burger

Alternative options

Salad & cold meat bar assorted breads, vinaigrettes & oils

Pudding option

Fruit flavour jelly & pouring cream
Fresh fruit



SATURDAY MEXICAN

Build your own burrito:

Beef mince, Shredded chicken, black beans, cheese, guacamole, lettuce, sour cream, Mexican rice, salsa, tortilla, chargrilled peppers & onions

Nachos

Cheese, guacamole, sour cream, salsa & jalapeno peppers

Pudding option

Mexican fruit salad with honey

Fresh fruit

WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

PASTA PARADISE, GRAB & GRAZE

Available to Sixth formers - see page 8

SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

Extras surprises

Steamed Vegetable Bao Bun

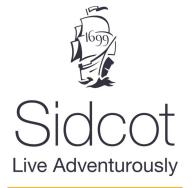
American pancakes & maple syrup

Scrambled egg & spinach bagel

Vegan Option

Pancakes & berries

Fresh fruit



SIDCOT SCHOOL DINNER MENU WEEK 2

MONDAY

Soup of the day

Main choices

Creamy vegetable korma

Cayenne glazed pork loin

Jerk chicken

Vegetables & sides

Rice n peas, sweetcorn & mixed vegetables

Vegan Option

Vegan chickpea curry

Pudding option

Sticky toffee pudding & cream

Fresh fruit

TUESDAY

Soup of the day

Main choices

Vegetarian Moussaka

Fishcake

Hunters chicken breast

Vegetables & sides

Saute potatoes, broccoli florets & honey carrots

Vegan Option

Stuffed bell pepper

Pudding option

Caramel chocolate brownie

Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Market vegetable risotto

Ham & Mushroom Pasta Bake

Braised beef ragu

Vegetables & sides

Wholewheat fusilli pasta

sweetcorn & garden peas

Vegan Option

Pan fried Moroccan aubergine

Pudding option

Fruit salad & fresh cream

THURSDAY

Soup of the day

Main choices

Southern fried vegan nuggets

Honey glazed bacon joint

Chicken breast in a cream sauce

Vegetables & sides

Croquette potatoes, saute mushrooms & mixed vegetables

Vegan Option

Southern fried vegan nuggets

Pudding option

Vanilla cheesecake

Fresh fruit

FRIDAY THAI

Soup of the day

Main choices

Vegetable Thai green curry

Thai beef stir fry

Chicken panang

Vegetables & sides

Jasmine rice, sugar snap pea, babycorn, salad bar

Vegan Option

Vegetable Thai green curry

Pudding option

Tropical fruit salad & cream
Fresh fruit

SATURDAY

Curry Night

Lamb Rogan Josh

Butter chicken

Sweet potato korma

Vegetables & sides

Pilau Rice, Sag aloo, Onion bhaji, Poppadums' with mango chutney

Pudding option

Mango Lassi

Fresh fruit

SUNDAY

Main choices

Lentil Stew

Roast pork & apple sauce

Chicken Kyiv

Vegetables & sides

Roast potatoes, carrots, savoy cabbage & roast gravy

Pudding option

Angel delight

Fresh fruit



SIDCOT SCHOOL LUNCH MENU WEEK 3

MONDAY

Soup of the day

Main choices

Goats cheese & red onion slice Macaroni cheese Pork loin with garlic mushroom sauce

Vegetables & sides

Herby diced potatoes, mixed veg, & green beans

Vegan Option

Chargrilled vegetable stack

Alternative options

Salad & cold meat bar Assorted breads & oils

Pudding option

Fruit crumble & custard Fresh fruit

TUESDAY

Soup of the day

Main choices

Tomato & basil
Chicken & mushroom pasta bake
Falafel balls in spicy sauce

Vegetables & sides

Penne pasta, carrots & garden peas

Vegan Option

Falafel balls in spicy sauce

Alternative options

Salad & cold meat bar Assorted breads & oils

Pudding option

Carrot cake Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Ratatouille & cheese bake Roast garlic & herb chicken breast Roast beef & Yorkshire pudding

Vegetables & sides

Roasted potatoes, mixed vegetables, cauliflower cheese

Vegan Option

Ratatouille

Alternative options

Salad & cold meat bar Assorted breads & oils

Pudding option

Sliced fresh melon Fresh fruit

THURSDAY

Soup of the day

Main choices

Spinach, sweet potato & lentil dhal with rice Coq au vin Cornish pasty & gravy

Vegetables & sides

New potatoes, sweetcorn & peas

Vegan Option

Spinach, sweet potato & lentil dhal with rice

Alternative options

Salad & cold meat bar Assorted breads & oils

Pudding option

Fruit Yoghurt pot Fresh fruit

FRIDAY

Soup of the day

Main choices

Hummus, roasted veg, salsa on a pitta bread Beef burger in a roll Sausage & bacon casserole

Vegetables & sides

Chipped potatoes, baked beans, garden or mushy peas

Vegan Option

Hummus, roasted veg, salsa on a pitta bread

Alternative options

Salad & cold meat bar Assorted breads & oils

Pudding option

Arctic roll

SATURDAY SPANISH

Main choices

Chicken & chorizo paella

Spanish beef stew

Spanish omelette

Vegetables & sides

Garlic bread, green beans with olive oil & garlic, sweetcorn

Pudding option

Churros with chocolate sauce

WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

PASTA PARADISE.

GRAB & GRAZE

Available to Sixth formers – see page 8

SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

Extras surprises

Sweet waffles & syrup

Smoked Salmon & cream cheese bagel

Vegan Option

Waffles & syrup

Fresh fruit



Meals are subject to change at short notice. Allergen obtained on request at the meal time.

SIDCOT SCHOOL DINNER MENU 3

MONDAY

Soup of the day

Main choices

Roasted cauliflower & five bean stew

Beef pie

Chicken chasseur

Vegetables & sides

Brown rice, sweetcorn, sugar snap peas

Vegan Option

Roasted cauliflower & five bean stew

Pudding option

Pastel del nata Fresh fruit

TUESDAY

Soup of the day

Main choices

Red pepper & feta bake

Pork chop with mushroom sauce

Turkey schnitzel

Vegetables & sides

Croquette potatoes, green beans & broccoli, salad bar

Vegan Option

Stuffed pepper

Pudding option

Rocky road Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Vegetable samosa & curry sauce

Lamb tagine

Honey & paprika chicken

Vegetables & sides

Cous cous, Moroccan carrot & diced butternut squash, salad bar

Vegan Option

Vegetable samosa & curry sauce

Pudding option

European cheese & biscuits Fresh fruit

THURSDAY

Soup of the day

Main choices

Vegetable lasagne

Gnocchi alla norma

Beef lasagne

Vegetables & sides

Minted potatoes, saute courgettes, garlic bread, salad bar

Vegan Option

Vegan lasagne

Pudding option

Chocolate sponge & chocolate sauce
Fresh fruit

FRIDAY

STEAK TO ORDER

Soup of the day

Main choices

Cauliflower steak
Rump steak from RD Johns butchers
cooked to your preference
Chicken breast in a rustic BBQ sauce

Vegetables & sides

Dauphinoise potatoes baby carrots & mushroom, half tomato & petit pois, salad bar

Vegan Option

Cauliflower steak

Pudding option

Individual lemon Mousse Fresh fruit

SATURDAY

American Diner Experience

Garden burger (vegan)

American beef burger, Grilled Chicken fillet in a wholemeal bun

Sides & Salads

French fries, onion rings, rainbow slaw, quinoa tabbouleh

Theatre kitchen-customise your burger

Shredded lettuce, beef tomato slice, cheese slice, sliced onions, gherkins, burger sauce, ketchup, American mustard

Pudding option

New York Cheesecake or Water melon slice

SUNDAY

Main choices

Roasted butternut squash stack with pesto Roast lamb Roast chicken

Vegetables & sides

Roasted new potatoes, carrots, green beans & roast gravy

Vegan Option

Butternut squash & veg wellington

Pudding option

Citrus sorbet or Fresh fruit bowl



SIDCOT SCHOOL WEEKLY SPECIALS MENU

MONDAY TO FRIDAY

MONDAY TO THURSDAY

MONDAY TO WEDNESDAY

JACKET POTATOES

SALAD BAR

The protein

Grated cheese, Boiled eggs, Tuna nicoise, Wiltshire Ham, Roast Beef, Salami, mixed beans. Coronation chicken Daily speciality salads.

Composite salads

Coleslaw. Potato salad. Greek salad, Puy lentil & butternut squash, vegetable noodles. Panzanella, Mexican pepper, Fruity couscous, Quinoa salad

Everyday simple salads

Baby mixed leaf, Cucumber & tomatoes. Sweetcorn, mixed peppers, Shredded carrots, Chopped beetroot, Pickled onions gherkins

SOUP OF THE DAY

Made fresh every day using seasonal produce

Carrot & red lentil Moroccan vegetable Leek, pea & spinach Thai carrot & lemongrass Roasted garlic & sweet potato

Carrot & coriander Roasted butternut squash

> Cream of mushroom Cream of tomato

Sweet potato & lentil

Carrot & butternut squash

Cream of potato & courgette

Tomato, butterbean & chickpea

MORNING BREAK

Fresh fruit . Hot & cold beverages Biscuit of the day

GRAB N GRAZE

Selection of sandwiches

Cheddar cheese & tomato

Hummus & falafel Egg mayo & salad

Coronation chicken & salad

Chicken & bacon mayo

Ham, cheese & salad

Chicken & BBQ sauce

Walkers crisps

THE SIDCOT FRUIT STOP

Variety of sliced melons

Pineapple chunks

Whole green & red apples

Banana

Satsuma / Clementine

Peach slices

Pears

Mango

Seedless grapes

Kiwi halves

Selection of berries

Dried fruit

PASTA PARADISE SIXTH FORMERS

Freshly cooked pasta with a selection of sauces

Mac & cheese

Vegetable ravioli

Tomato & basil

Vegan beanie chilli

Bacon & cheese sauce

Meatballs in tomato sauce

Beef raqu

Beef chilli

KITCHEN @ SIDCOT

Street food bar with a different dish every day!!

Sweet chilli pulled chicken, tomato, lettuce in a pita bread

Sticky hoisin beef tortillas with peppers & sweet chilli sauce

> Tacos with chicken, salsa & Guacamole

Crispy chicken wrap, BBQ sauce, cheese, mayo & lettuce

Halloumi wraps, chilli mayo & lettuce

Honey & soy beef boa buns

Teriyaki pulled chicken on wedges with cheese Thai chicken in a miso broth

Moroccan spiced lamb

Korean beef, rice, peppers & pickled onion

OMELETTE BAR

Made to order with tomato, ham and/ or cheese



KITCHEN @ SIDCOT & **OMELETTE BAR**

Available Monday, Tuesday & Wednesday 1245-1330

PASTA PARADISE

Open to 6th formers 1245-1330

All dishes on this page are examples of what we offer. Please see blackboards, display stands & your server for what's available each day