

SIDCOT SCHOOL BREAKFAST MENU

MONDAY

Cooked breakfast

Cheese omelette, sauté mushrooms & beef tomato slice

Alternative & fresh fruit option

Cinnamon Swirl
Melon slice

Vegan option

Scrambled tofu, sauté mushrooms & beef tomato slice

TUESDAY

Cooked breakfast

Back bacon, hash browns & poached egg

Alternative & fresh fruit option

Pain au chocolate
Mixed berries

Vegan option

Hash brown, bacon & scrambled tofu

WEDNESDAY

Continental breakfast

Continental meats & cheeses, smashed avocado & boiled eggs

Alternative & fresh fruit option

Buttered croissant & assorted rolls
Chopped kiwi & mango combo

Vegan option

Raspberry croissant, assorted rolls, smashed avocado & poha

THURSDAY

Cooked breakfast

Oven baked sausage, scrambled egg & baked beans

Alternative & fresh fruit option

Strawberry & banana Smoothie
Chopped fresh pineapple

Vegan option

Bacon, scrambled tofu & baked beans

FRIDAY

Cooked breakfast

Crispy bacon, French toast & caramelised bananas

Alternative & fresh fruit option

Chocolate twist
Mixed grapes

Vegan option

Waffle, caramelised banana & poha

SATURDAY

Continental breakfast

Continental meats & cheeses, boiled eggs & assorted rolls

Alternative option

Buttered croissant

Vegan option

Pancakes & berries

AVAILABLE DAILY

Cereals & Toast

Porridge, selection of 6 cereals from Granola, Coco pops, Shreddies, Cherrios, Cornflakes, Weetabix, Frosties, Shreddies, Rice Krispies
Toast, spreads & preserves GF bread & GF cereal

Yoghurt Bar

Strawberry, peach & natural yoghurt, omega seeds, mandarins, peaches, dried apricot, cranberries, papaya, goji berries, banana chips.

Beverages & Alternative Milks

Selection of hot drinks including cappuccino, latte, tea, hot chocolate, herbal teas. Orange & apple juice.
Oat, Soya, Coconut

SUNDAY BRUNCH

Cooked breakfast with extra surprises

Sausage, hash browns, bacon, fried egg & baked beans

Alternative option

Refer to weekly brunch menu surprises

Vegan option

Hash brown, baked beans, bacon & poha



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Meals are subject to change at short notice. Allergen information can be obtained on request at the meal time.

SIDCOT SCHOOL LUNCH MENU WEEK 1

MONDAY

Soup of the day

Main choices

Vegan sausage roll
Chef made jumbo sausage roll
Fish Pie

Vegetables & sides

New potato, panache of green
vegetables green beans, leeks & peas

Vegan Option

Vegan sausage roll

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Assorted ice-cream & wafer
Fresh fruit bowl



TUESDAY

Soup of the day

Main choices

Chargrilled vegetable with pesto
Mozzarella, tomato & chicken
Smoked bacon carbonara

Vegetables & sides

Pasta penne, sweetcorn &
garden peas

Vegan Option

Chargrilled vegetable with pesto

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Chocolate chip cake
Fresh fruit bowl

WEDNESDAY

Soup of the day

Main choices

Lightly spiced sweet potato &
tomato roulade (GF)
Roast turkey & stuffing
Cheese & bacon turnover

Vegetables & sides

Roast potatoes, creamed leeks,
carrots & gravy (GF)

Vegan Option

Lightly spiced sweet potato &
tomato roulade (GF)

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Peaches & cream
Fresh fruit bowl

THURSDAY

Soup of the day

Main choices

Quorn & pepper stir-fry (GF)
Hoisin chicken
Mild beef chilli con carne

Vegetables & sides

Fresh herb rice, green beans &
sweetcorn

Vegan Option

Quorn & pepper stir-fry

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Fruit yoghurt
Fresh fruit bowl

FRIDAY

Soup of the day

Main choices

Fishless fingers
Catch of the day & lemon wedge
Individual beef pie

Vegetables & sides

Chipped potatoes, baked tomatoes
& mushy peas

Vegan Option

Fishless fingers

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Fresh sliced pineapple & melon
Fresh fruit bowl

SATURDAY ITALIAN

Main choices

Veganesca—olives, med veg
Cheese & tomato pizza slice
Meatballs in basil sauce

Vegetables & sides

Tricolour fusilli & market vegetables

Pudding option

Tiramisu

WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

PASTA PARADISE, GRAB & GRAZE

Available to Sixth formers – see page 8

SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

Extras surprises

Halloumi fries
Seasonal fruit
Sweet waffles & syrup

Vegan Option

Vegan waffle, fruit & vegan nuggets



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SIDCOT SCHOOL DINNER WEEK 1



MONDAY

Soup of the day

Main choices

Vegetable tikka on naan bread
Crispy skin chicken with lemon & herb
Pulled pork with pita

Vegetables & sides

Steamed rice, Mediterranean
roasted vegetables, baby spinach &
chickpea

Vegan Option

Vegetable tikka on naan bread

Pudding option

Flapjack
Fresh fruit bowl

TUESDAY

Soup of the day

Main choices

Sweet potato, coriander & hummus
Honey & soya baked salmon
Sticky pork belly with chilli & lime

Vegetables & sides

Champ, minted peas, butternut
squash, salad bar

Vegan Option

Sweet potato, chilli, coriander &
hummus

Pudding option

Summer Sundae
Fresh fruit bowl

WEDNESDAY

Soup of the day

Main choices

Macaroni cheese
Vegan meatballs in tomato sauce
Pork meatballs in gravy

Vegetables & sides

Fusilli pasta, petit pois, edamame
beans, sugar snap peas, salad bar

Vegan Option

Vegan meatballs in tomato sauce

Pudding option

Lemon tart
Fresh fruit bowl

THURSDAY

Soup of the day

Main choices

Squash & pepper gratin
Minute steak with garlic butter (GF)
Hunters chicken breast

Vegetables & sides

Chive & garlic potato, half tomato,
mushroom & peas, salad bar

Vegan Option

Squash & pepper gratin

Pudding option

Fruit salad & cream
Fresh fruit bowl

FRIDAY CHINESE

Soup of the day

Main choices

Spring rolls & plum sauce
Beef in black bean sauce
Battered chicken in sweet &
sour sauce

Vegetables & sides

Egg fried rice, mange tout & baby
corn, pak choi, salad bar

Vegan Option

Spring rolls & plum sauce

Pudding option

Mango sorbet
Fresh fruit bowl

SATURDAY

Basket meal night

Sidcot Fried Chicken—selection of SF coated chicken legs & hot wings
Southern fried mozzarella popcorn
Scampi, tartare sauce & lemon

Vegetables & sides

Sweet potato fries, salad bar

Pudding option

Cornetto ice cream
Fresh fruit bowl

SUNDAY

Main choices

Roast beef & Yorkshire pudding
Roast chicken & stuffing
Vegetable gratin

Vegetables & sides

Roast potatoes, carrots, cauliflower cheese & roast gravy

Pudding option

Banoffee pie
Fresh fruit bowl



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SIDCOT SCHOOL LUNCH MENU WEEK 2

MONDAY

Soup of the day

Main choices

Mushroom, tomato, celeriac & mozzarella stack (GF)
Butchers sausages in red wine gravy
Vegetarian Cumberland sausages

Vegetables & sides

Mashed potato, peas & carrots

Vegan Option

Vegetarian Cumberland sausage

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Choc ice,
Fresh fruit bowl

TUESDAY

Soup of the day

Main choices

Vegan chicken in a mildly spiced sauce
Beef bolognaise
Chicken & bacon alfredo

Vegetables & sides

Penne pasta, Mediterranean vegetables & green beans

Vegan Option

Vegan chicken in a mildly spiced sauce

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Lemon drizzle cake
Fresh fruit bowl

WEDNESDAY

Soup of the day

Main choices

Butternut squash & veg wellington
Roast lamb & mint sauce (GF)
Garlic & thyme rubbed chicken

Vegetables & sides

Roast potatoes, savoy cabbage, parsnips & gravy

Vegan Option

Butternut squash & veg wellington

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Jam doughnut,
Fresh fruit bowl

THURSDAY

Soup of the day

Main choices

Spring veg & bean cassoulet
Crispy chicken fillet & BBQ Sauce
Beef bourguignon

Vegetables & sides

Steamed rice, peas, baby corn & pesto beans

Vegan Option

Spring veg & bean cassoulet

Alternative options

Salad & cold meat bar
Assorted breads, vinaigrettes & oils

Pudding option

Cookies (GF),
Fresh fruit bowl

FRIDAY

Soup of the day

Main choices

Falafel & spinach burger
Beef burger in a roll
Hot Dog in a roll

Vegetables & sides

Jacket wedges, baked beans, sliced tomato, iceberg, gherkins, burger sauce, American mustard

Vegan Option

Falafel & spinach burger

Alternative options

Salad & cold meat bar
assorted breads, vinaigrettes & oils

Pudding option

Fruit flavour jelly & pouring cream
Fresh fruit bowl

SATURDAY MEXICAN

Build your own burrito:

Beef mince, Shredded chicken, black beans, cheese, guacamole, lettuce, sour cream, Mexican rice, salsa, tortilla, char grilled peppers & onions

Nachos

Cheese, guacamole, sour cream, salsa & jalapeno peppers

Pudding option

Churros
Fresh fruit bowl

WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

PASTA PARADISE, GRAB & GRAZE

Available to Sixth formers – see page 8

SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

Extras surprises

Sweet potato fries

Trio of mixed melon drenched in honey

American pancakes & maple syrup

Vegan Option

Pancakes & berries



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SIDCOT SCHOOL DINNER MENU WEEK 2



MONDAY

Soup of the day

Main choices

Creamy vegetable korma

Cajun beef gumbo

Jerk chicken

Vegetables & sides

Rice n peas, sweetcorn & mixed vegetables

Vegan Option

Creamy vegetable korma

Pudding option

Sticky toffee pudding & cream

Fresh fruit bowl

TUESDAY

Soup of the day

Main choices

Gnocchi alla norma

Florentine fishcake (GF)

Sweet chilli chicken

Vegetables & sides

Saut® potatoes, broccoli florets & honey carrots

Vegan Option

Pasta alla norma

Pudding option

Caramel chocolate brownie

Fresh fruit bowl

WEDNESDAY

Soup of the day

Main choices

Summer vegetable risotto

Ham & Mushroom Pasta Bake

Braised beef ragu

Vegetables & sides

Tricolour fusilli pasta
sweetcorn & garden peas

Vegan Option

Pan fried Moroccan aubergine

Pudding option

Fruit salad & fresh cream

Fresh fruit bowl

THURSDAY

Soup of the day

Main choices

Southern fried vegan fillet

Hand carved honey baked ham

Chicken breast in a cream sauce

Vegetables & sides

Croquette potatoes, saut® mushrooms & mixed vegetables

Vegan Option

Southern fried vegan fillet

Pudding option

Vanilla cheesecake

Fresh fruit bowl

FRIDAY PORTUGUESE

Soup of the day

Main choices

Beanie wrap

Peri Peri Chicken

Portuguese seafood casserole

Vegetables & sides

Sunshine rice, Portuguese tomato salad, corn on the cob

Vegan Option

Beanie wrap

Pudding option

Arroz Doze (Portuguese rice pudding)

Fresh fruit bowl

SATURDAY

Pizza Night

Served in a pizza box & eaten in the refectory

Cheese & tomato

Chargrilled vegetables

Pepperoni passion

Pudding option

Luxury Chocolate @clair

Fresh fruit bowl

SUNDAY

Main choices

Lentil Stew

Roast pork & apple sauce

Chicken kiev

Vegetables & sides

Roast potatoes, carrots, savoy cabbage & roast gravy

Pudding option

Butterscotch angel delight



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SIDCOT SCHOOL LUNCH MENU WEEK 3

MONDAY

Soup of the day

Main choices

Goats cheese & red onion slice
Macaroni cheese
Pork stroganoff

Vegetables & sides

Herby diced potatoes, mixed veg,
& green beans

Vegan Option

Chargrilled vegetable slice

Alternative options

Salad & cold meat bar
Assorted breads & oils

Pudding option

Carrot cake
Fresh fruit bowl

TUESDAY

Soup of the day

Main choices

Tomato & basil
Chicken & ham pasta bake
Falafel balls in spicy sauce

Vegetables & sides

Penne pasta, carrots & garden peas

Vegan Option

Falafel balls in spicy sauce

Alternative options

Salad & cold meat bar
Assorted breads & oils

Pudding option

Fruit crumble & custard
Fresh fruit bowl

WEDNESDAY

Soup of the day

Main choices

Ratatouille & cheese bake
Roast garlic & herb chicken breast
Roast beef & Yorkshire pudding

Vegetables & sides

Roasted potatoes, mixed
vegetables, cauliflower

Vegan Option

Ratatouille

Alternative options

Salad & cold meat bar
Assorted breads & oils

Pudding option

Sliced fresh melon
Fresh fruit bowl

THURSDAY

Soup of the day

Main choices

Spinach, sweet potato & lentil dhal
Coq au vin
Cornish pasty & gravy

Vegetables & sides

Savoury rice, sweetcorn & petit pois

Vegan Option

Spinach, sweet potato & lentil dhal

Alternative options

Salad & cold meat bar
Assorted breads & oils

Pudding option

Fruit Yoghurt pot
Fresh fruit bowl

FRIDAY

Soup of the day

Main choices

Potato & spring vegetable frittata
Catch of the day & lemon
Sausage & bacon casserole

Vegetables & sides

Chipped potatoes, baked beans
& mushy peas

Vegan Option

Vegan Sausage

Alternative options

Salad & cold meat bar
Assorted breads & oils

Pudding option

Arctic roll
Fresh fruit bowl

SATURDAY JAPANESE

Main choices

Salmon teriyaki, Katsu chicken curry

Vegan Option Tofu teriyaki

Vegetables & sides

Udon noodles, stir fried vegetables, maki sushi rolls

Pudding option

Tropical & passionfruit mochi
(ice-cream wrapped in rice paper)

WEEKDAY THEATRE KITCHENS

Monday to Wednesday - full details are on page 8

PASTA PARADISE, GRAB & GRAZE

Available to Sixth formers – see page 8

SUNDAY 11:00-12:00

Brunch Refer to breakfast menu

Extras surprises

Bagel Mixed berries & clotted cream
Sweet waffles & syrup

Vegan Option

Waffles & syrup



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SIDCOT SCHOOL DINNER MENU 3

MONDAY THAI

Soup of the day

Main choices

Vegetable Thai green curry
Thai beef stir fry
Chicken panang

Vegetables & sides

Jasmine rice, sugar snap pea,
corn, salad bar

Vegan Option

Vegetable Thai green curry

Pudding option

Fruit salad & cream
Fresh fruit

TUESDAY

Soup of the day

Main choices

Vegetable lasagne
Paprika chicken
Beef lasagne

Vegetables & sides

Minted potatoes, sauté courgettes,
cauliflower cheese, salad bar

Vegan Option

Vegan lasagne

Pudding option

Chocolate sponge & chocolate
sauce
Fresh fruit

WEDNESDAY

Soup of the day

Main choices

Vegetable samosa & curry sauce
Lamb tagine

Moroccan spiced fish

Vegetables & sides

Cous cous, Moroccan carrot & diced
butternut squash, salad bar

Vegan Option

Vegetable samosa & curry sauce

Pudding option

European cheese & biscuits
Fresh fruit

THURSDAY

Soup of the day

Main choices

Summer vegetable quiche
Pork escalope with mushroom sauce
Turkey schnitzel

Vegetables & sides

Croquette potatoes, green beans &
sweetcorn, salad bar

Vegan Option

Stuffed pepper

Pudding option

Rocky road
Fresh fruit

FRIDAY STEAK TO ORDER

Soup of the day

Main choices

Cauliflower steak

Rump steak from Ruby & White butchers,
please pre order before Tuesday 1900
cooked to your preference.

Chicken breast in a rustic BBQ sauce

Vegetables & sides

Dauphinoise potatoes baby carrots &
mushroom, half tomato & peas, salad
bar

Vegan Option

Cauliflower steak

Pudding option

Individual lemon Mousse
Fresh fruit

SATURDAY

Burger Night

Garden burger
Butchers beef burger
Chicken fillet burger

Vegetables & sides

Shoestring potatoes, BBQ beans, crispy bacon & onions

Vegan Option

Garden burger

Pudding option

Profiteroles & chocolate sauce
Fresh fruit bowl

SUNDAY

Main choices

Spinach & feta parcels
Roast lamb, Roast chicken

Vegetables & sides

Roasted new potatoes, carrots, green beans & roast gravy

Vegan Option

Butternut squash & veg wellington

Pudding option

Citrus sorbet
Fresh fruit bowl



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SIDCOT SCHOOL WEEKLY SPECIALS MENU

DAILY

SOUP OF THE DAY

Made fresh every day using seasonal produce

Carrot & red lentil
Moroccan vegetable
Wild garlic & pesto
Leek, pea & spinach
Thai carrot & lemongrass
Courgette & pea
Roasted garlic & sweet potato
Carrot & coriander
Roasted butternut squash
Cream of mushroom
Leek & potato
Cream of tomato
Sweet potato & lentil
Carrot & butternut squash
Thai chicken
Cream of potato & courgette
Tomato, butterbean & chickpea

Pieces of fruit available to all
apples, banana, orange
& pear

SALAD BAR

Everyday simple salads

Iceberg & speciality lettuce
Cucumber & tomatoes
Sweetcorn & mixed peppers
Shredded carrots
Chopped beetroot
Mixed beans
Pickled onions or gherkins

Composite salads

Choose three: out of
Coleslaw, Potato salad,
Greek salad, Puy lentil &
butternut squash, Summer veg
noodles, Panzanella, Mexican
pepper, Fruity couscous,

The protein

Choose two: out of grated
cheese, boiled eggs, tuna,
ham, beef, salami, beans
Daily speciality salads

MONDAY TO FRIDAY

MORNING BREAK

Chopped fresh fruit
Hot & cold beverages
Biscuit of the day

GRAB N GRAZE

Selection of sandwiches
Cheddar cheese & tomato
Hummus & falafel
Egg mayo & salad
Coronation chicken & salad
Chicken & bacon mayo
Ham, cheese & salad
Chicken & BBQ sauce

Walkers crisps

MONDAY TO THURSDAY

PASTA PARADISE SIXTH FORMERS.

Freshly cooked pasta with a selection of sauces

Mac & cheese
Vegetable ravioli
Tomato & basil
Vegan beanie chilli
Bacon & cheese sauce
Meatballs in tomato sauce
Beef ragu

MONDAY TO WEDNESDAY THEATRE KITCHENS

KITCHEN @ SIDCOT

Street food bar with a different dish every day!!

Sweet chilli pulled chicken, tomato, lettuce in a pita bread
Sticky hoisin beef tortillas with peppers & sweet chilli sauce
Tacos with chicken, salsa & Guacamole
Crispy chicken wrap, BBQ sauce, cheese, mayo & lettuce
Halloumi wraps, chilli mayo & lettuce
Honey & soy beef boa buns
Teriyaki pulled chicken on wedges with cheese
Thai chicken in a miso broth
Moroccan spiced lamb
Korean beef, rice, peppers & pickled onion

JACKET POTATO BAR

Coronation chicken
Salami & tomato
Tuna & sweetcorn
Summer couscous
Cheddar cheese
Baked beans

OMELETTE

Made to order with tomato, ham and/or cheese

THEATRE KITCHENS

Monday 1255-1330 Year 7, 8
Tuesday 1305-1330 Year 9, 10
Wednesday 1300-1330 Year 11, 12, 13
Mon-Wed 1230-1250 Year 12,13



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All dishes on this page are examples of what we offer. Please see blackboards, display stands & your server for what's available each day